

IN YOUR FAVORITES





WEEK ONE

ENERGIZING CRUNCH

EXCITING TANGY LUNCH SOCIAL

5 MINUTE MEALS

FAST & FRESH

MONDAY	DEEP SOUTH DINER Choose a main: Beef Burger OR Sweet Potato & Squash Casserole ✓ Paprika Wedges Half Corn on the Cob	
TUESDAY	WINGS & THINGS Choose a main: Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tabasco OR Mac 'N' Cheese Garlic Bread Chop Chop Salad	
WEDNESDAY	DEEP SOUTH DINER Choose a main: Pulled BBQ Beef Brisket OR Feta & Potato Frittata ✓ Southern Greens New Orleans Red Bean Rice	
THURSDAY	WINGS & THINGS Choose a main: Texas BBQ Chicken OR Boston Bean Pot ✓ Layered Potato Bake House Slaw	
FRIDAY	DEEP SOUTH DINER Choose a main: New York Hot Dog OR Veg & Bean Quesadilla ✓ Chips Sweetcorn	

MEDITERRANEAN Chicken Shawarma Flatbread Paprika Wedges House Slaw	
CHINESE Sweet & Sour Chicken Beggars Noodles ♡ Garden Peas	
BRITISH Roast Turkey Roast Potatoes ♡ Seasonal Cabbage & Carrots ♡	
BRITISH Traditional Cottage Pie & Gravy Green Beans Sweetcorn	
BRITISH Battered Fish Fillet Chips Peas or Baked Beans	

SPEEDY ITALIAN Selection of Freshly Prepared Pizza's and Pasta Dishes	
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WE SERVE a selection of delicious baguettes, paninis, toasties and sandwiches and NEW exciting salad pots every day. Fruit, Yoghurt & Granola Pots are Available to Enjoy Daily.

Look out for MUNCH - our mid-morning break offer available for you to enjoy Monday-Friday






from Italy with Love



Chartwells
EAT LEARN LIVE

IN SPICY CAUNCH DELI SW WINGS ENERGY BEER CULTURE EXCITING NUTRITIOUS DELICIOUS FUN SOURITES WEEK TWO CRUNCH TANGY FUSION LUNCH SOCIAL

FUN FRESH FRESH BREAKFAST

MONDAY	WINGS & THINGS Choose a main: Special Marinated Chicken Wraps OR Triple Mac N Cheese Cajun Wedges Red Slaw	WINGS & THINGS
TUESDAY	DEEP SOUTH DINER Choose a main: Piri Piri Pulled Pork Burger OR Louisiana Bean Pot ✓ Fajita Wedges Sweetcorn	DEEP SOUTH DINER
WEDNESDAY	WINGS & THINGS Choose a main: Special Marinated Roast Chicken Drumsticks OR Smokey Cauliflower Cheese ✓ Garlic Bread Chop Chop Salad	WINGS & THINGS
THURSDAY	DEEP SOUTH DINER Choose a main: Chipotle Barbecued Pork OR Quorn Sausage Pattie & Cheese Burger ✓ Paprika Wedges Apple Slaw	DEEP SOUTH DINER
FRIDAY	DEEP SOUTH DINER Choose a main: Creamy Fish Pasta Bake ♥ OR Corn, Black Eye Bean & Feta Soft Taco ✓ Mississippi Rice ♥ Crunchy Salad ♥	DEEP SOUTH DINER

BRITISH Cheese, Tomato & Potato Bake ✓ ♥ Carrots ♥ Peas ♥	CA
CHINESE Lemon & Ginger Chicken ♥ Wholegrain Rice ♥ Wok Tossed Oriental Vegetables ♥	CA
BRITISH Roast Beef Roast Potatoes Cabbage & Carrots	CA
MEDITERRANEAN Spanish Beef Hash Garlic Bread Sweetcorn	CA
BRITISH Home-made Battered Fish Fillet Chips Peas or Baked Beans	CA

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FUN FRESH FRESH BREAKFAST

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IN YOUR FAVORITES

SPICY

CRUNCH DELI WEEK THREE

ENERGIZING

CRUNCH CULTURE EXCITING

NUTRITIOUS TANGY FUSION

DELICIOUS LUNCH SOCIAL

BALANCED

FUN BREAKFASTS

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

DEEP SOUTH DINER

Choose a main: Ultimate Cheese Burger OR Butternut Squash Feta Bake ✓
Chipotle Wedges
Chop Chop Salad



WINGS & THINGS

Choose a main: Special Marinated Roast Chicken Drumsticks with BBQ or Sticky Tobasco OR Vegetable Chilli ✓
Golden Rice & Beans
Southern Greens



DEEP SOUTH DINER

Choose a main: BBQ Chicken Mac 'N' Cheese OR Cajun Vegetable Burrito ✓
Baked Garlic & Herb Wedges
Crunchy Raw Slaw



WINGS & THINGS

Choose a main: Cajun Pulled Pork & Bean Pitta ♥ OR Cauliflower & Creamed Corn Bake ✓
Paprika Wedges ♥
BBQ Beans



DEEP SOUTH DINER

Choose a main: Smokey Chicken Wrap OR Feta & Chickpea Cake with Salsa ✓ ♥
Mexican Yellow Rice ♥
Tomato, Red Onion & Lentil Salad ♥



THAI

Thai Red Chicken Curry
Wholegrain Rice ♥
Lightly Spiced Sweetcorn with Lime ♥



MEDITERRANEAN

Chicken Gyros ♥
Crunchy Salad ♥



BRITISH

Honey Roast Ham
Roast Potatoes
Cabbage & Carrots



BRITISH

Butchers Sausages with Red Onion Gravy
Creamed Potatoes
Garden Peas



BRITISH

Home-made Battered Fish Fillet
Chips
Peas or Baked Beans



SPEEDY ITALIAN

Selection of Freshly Prepared Pizza's and Pasta Dishes



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