## Core PSHE \& Citizenship

## Curriculum Overview

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2023-2024
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| Department Name: | Citizenship and PSHEE |
| :--- | :--- |
| Head of Department: | Mrs R Barber \& Mr L Geary |
| Subject Teachers: |  | \(\left.\begin{array}{l}Mrs K Gregory <br>

Miss B Holsman <br>
Mr O Norris <br>
Mrs K Ashenden <br>
Mr J Richardson\end{array}\right]\)

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## Term 5:

## Safety

- How to be and live a healthy lifestyle.
- Responding to medical issues.
- Introduction to the concept of consent.


## Term 6:

## Politics and Justice

- An introduction to Government and Politics
- The role of Members of Parliament, the House ofCommons and how laws are made
- Students will design their own political party whichwill include creating a manifesto


## Year 8

## Term 1:

## Multicultural Britain

- Identity and diversity and understanding andmulticultural Britain
- Exploring the concepts of refuges and asylum seekers
- Learning about stereotyping, prejudice and discrimination

Term 2:

## Careers

- Exploring the concepts of careers, occupation and anintroduction into the working world
- Understanding the links between qualifications andoccupations
- An introduction to the importance of budgeting andmanaging finances


## Term 3:

## Global Communities

- Understand the roles of international organisations like the EU and United Nations
- Investigating environmental global issues, fair tradeand poverty


## Term 4:

Digital Resilience

- What is the media?
- The impact of our digital footprint
- Effects of the media (short term and long term)


## Term 5:

## Conflict

- Understanding the terms of conflict and conflict resolution both personally and internationally Investigating international conflict case studies Libya.
- Exploring possible solutions to worldwide conflicts and how international organisations can help play apart in resolution


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## Term 6:

## Changing Adolescent Bodies

- Understanding changes to thebody
- Exploring the concepts of responsibility and how tostay safe regarding sexual activity
- Investigating choices and ensuring we understand theconsequences of our actions


## Year 9

## Term 1:

## Crime in our local area

- Explore the two types of crime (civil and criminal).
- Investigate crime in our local area and the impacts this can have on our own lives as well as others.


## Term 2:

Drugs and Alcohol

- Explore the law surrounding drugs and alcohol.
- Understand the risks associated with drugs.
- How drugs and alcohol can impact mental wellbeing.

Term 3:
Economics and financial decisions

- Understand the different types of tax.
- Consider the positive and negative financial risks.
- Explore the different between debit and credit.


## Term 4

## Intimate sexual relationships

- The pressure surrounding sex.
- The positive aspects of sexual relationships.
- Explore the different types of contraception.

Term 5:

## Physical health and fitness

- Explore how to maintain a healthy lifestyle.
- Consider the link between a healthy lifestyle and mental wellbeing.
- Understand the science and opinions around blood, organ and stem cell donation.


## Term 6:

Respectful relationships and families

- Explore the difference between sexual violence and sexual harassment.
- Understand the different behaviours found within relationships.
- Consider how the law views marriage.


## Term 1:

Mental wellbeing

- A clear focus on various mental health issues.
- Explore the positive and negative ways of dealing with emotions.
- Understand how our own actions can impact our mental wellbeing.

Term 2:
The Media

- Explore the link between mental health and the media.
- Consider the impact of digital footprints.
- Explore the effects of pornography.
- Understand how the media depicts sex and consider this in terms of the law.


## Term 3:

## Economics

- Consider the importance of pensions.
- Understand the difference between renting and a mortgage.
- Explore and practice budgeting.


## Term 4:

## Human Rights

- Explore different areas of the world and how they view human rights.


## Term 5:

## Health Prevention

- Understand the importance and process of self-examination.
- Consider the debates around vaccination and immunization.
- Explore how to keep high levels of personal hygiene.


## Term 6

## Intimate Sexual Relationships

- Explore the different sexually transmitted infections.
- Consider the relationship between drugs, alcohol and sex.
- Understand the impact of pornography.


## Year 11

## Term 1

## Careers and Finance

- Explore the options available to year 11 at the post-16 stage.
- Understand key financial terms such as taxes.
- Begin looking at how a CV is formulated
- Identify the key elements to an interview

Term 2
Sex and the law

- Consent and the law
- Pregnancy and its impacts
- FGM, sexual abuse and exploitation


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## Term 3

## Drugs and alcohol

- The effects of smoking
- Alcohol in adulthood
- Drugs and the law recap from previous years

Term 4
The Big PSHE Quiz

- Students recap the entre PSHE curriculum in 3 lessons in the form of a quiz.


## Term 5

Study Skills

- Students look at how to revise and begin using this time to focus on their upcoming exams.

