

# Core PSHE & Citizenship Curriculum Overview 2023 – 2024

Department Name:	Citizenship and PSHEE
Head of Department:	Mrs R Barber & Mr L Geary
Subject Teachers:	Mrs K Gregory Miss B Holsman Mr O Norris Mrs K Ashenden Mr J Richardson
Accommodation and Resources:	Teaching is delivered in 7 classrooms located next to each other. Each room has the required resources to deliver the subject content – reference books, displays and supporting materials.

#### What will students learn in each year?

Year 7

Term 1:

#### Welcome to TRNS

- Happiness
- Spotting emotions
- Consequences of our actions
- Impact of getting outside

#### Term 2:

#### Human rights and equality opportunities

- Equal opportunities and the concepts of prejudice addiscrimination
- Human rights understanding our basic needs and knowing they come with responsibilities
- Young people and the law, punishment and why young people commit crimes

#### Term 3:

#### **Respectful Relationships and families**

- Friendships
- Bullying
- Roles within a marriage and family
- Equality Act 2010 and its protected characteristics

#### Term 4:

#### Online media and internet safety

- What is the media?
- The risks of the media.
- Reporting issues in the media.
- Protecting yourself when using the media



#### Term 5:

#### Safety

- How to be and live a healthy lifestyle.
- Responding to medical issues.
- Introduction to the concept of consent.

#### Term 6:

#### **Politics and Justice**

- An introduction to Government and Politics
- The role of Members of Parliament, the House of Commons and how laws are made
- Students will design their own political party which will include creating a manifesto

#### Year 8

#### Term 1:

#### **Multicultural Britain**

- Identity and diversity and understanding and multicultural Britain
- Exploring the concepts of refuges and asylum seekers
- Learning about stereotyping, prejudice and discrimination

# Term 2:

#### Careers

- Exploring the concepts of careers, occupation and anintroduction into the working world
- Understanding the links between qualifications and occupations
- An introduction to the importance of budgeting andmanaging finances

#### Term 3:

#### **Global Communities**

- Understand the roles of international organisations like the EU and United Nations
- Investigating environmental global issues, fair tradeand poverty

#### Term 4:

#### **Digital Resilience**

- What is the media?
- The impact of our digital footprint
- Effects of the media (short term and long term)

# Term 5:

#### Conflict

- Understanding the terms of conflict and conflict resolution both personally and internationally Investigating international conflict case studies Libya.
- Exploring possible solutions to worldwide conflicts and how international organisations can help play apart in resolution



# Term 6: Changing Adolescent Bodies Understanding changes to thebody Exploring the concepts of responsibility and how tostay safe regarding sexual activity Investigating choices and ensuring we understand theconsequences of our actions Year 9

#### Term 1:

#### Crime in our local area

- Explore the two types of crime (civil and criminal).
- Investigate crime in our local area and the impacts this can have on our own lives as well as others.

#### Term 2:

#### **Drugs and Alcohol**

- Explore the law surrounding drugs and alcohol.
- Understand the risks associated with drugs.
- How drugs and alcohol can impact mental wellbeing.

#### Term 3:

#### **Economics and financial decisions**

- Understand the different types of tax.
- Consider the positive and negative financial risks.
- Explore the different between debit and credit.

#### Term 4

#### Intimate sexual relationships

- The pressure surrounding sex.
- The positive aspects of sexual relationships.
- Explore the different types of contraception.

#### Term 5:

#### Physical health and fitness

- Explore how to maintain a healthy lifestyle.
- Consider the link between a healthy lifestyle and mental wellbeing.
- Understand the science and opinions around blood, organ and stem cell donation.

#### Term 6:

#### Respectful relationships and families

- Explore the difference between sexual violence and sexual harassment.
- Understand the different behaviours found within relationships.
- Consider how the law views marriage.



# Term 1:

#### Mental wellbeing

- A clear focus on various mental health issues.
- Explore the positive and negative ways of dealing with emotions.
- Understand how our own actions can impact our mental wellbeing.

## Term 2:

#### The Media

- Explore the link between mental health and the media.
- Consider the impact of digital footprints.
- Explore the effects of pornography.
- Understand how the media depicts sex and consider this in terms of the law.

#### Term 3:

#### Economics

- Consider the importance of pensions.
- Understand the difference between renting and a mortgage.
- Explore and practice budgeting.

#### Term 4:

#### Human Rights

• Explore different areas of the world and how they view human rights.

#### Term 5:

#### **Health Prevention**

- Understand the importance and process of self-examination.
- Consider the debates around vaccination and immunization.
- Explore how to keep high levels of personal hygiene.

#### Term 6

#### Intimate Sexual Relationships

- Explore the different sexually transmitted infections.
- Consider the relationship between drugs, alcohol and sex.
- Understand the impact of pornography.

#### Year 11

#### Term 1

#### **Careers and Finance**

- Explore the options available to year 11 at the post-16 stage.
- Understand key financial terms such as taxes.
- Begin looking at how a CV is formulated
- Identify the key elements to an interview

#### Term 2

#### Sex and the law

- Consent and the law
- Pregnancy and its impacts
- FGM, sexual abuse and exploitation



# Term 3

# **Drugs and alcohol**

- The effects of smoking
- Alcohol in adulthood
- Drugs and the law recap from previous years

#### Term 4

#### The Big PSHE Quiz

• Students recap the entre PSHE curriculum in 3 lessons in the form of a quiz.

### Term 5

#### **Study Skills**

• Students look at how to revise and begin using this time to focus on their upcoming exams.