## The Robert Napier School

# YEAR 11 REVISION EVENING

21st April 2016



"Success is the sum of small efforts made every day." Robert Collier

"The surest way not to fail is to determine to succeed" Richard Sheridan

# INTRODUCTION AND HOUSEKEEPING

# MS A RUST

- Health and safety
- Toilets



# EXAM COUNTDOWN

First exam is English for the majority of Year 11 students on the 3<sup>rd</sup> May 2016 at 1pm

This is in 7 school days!



# EVENING REVISION

We are offering a safe and quiet space in the school library as of Monday 25<sup>th</sup> April 2016.

This will run every night after school Monday – Thursday 6-8pm



# PROGRAMME

- Supporting your child with Revision The Robert Napier Revision Guide – Mrs J Dunnett
- Dealing with a stressed teenager Aliah Plaster
- Maths revision PiXL app Mr G Shadick
- Support at school Miss Amy Smith
- Practical revision activities— Mrs J Dunnett and Ms A Rust
- Time for parents to speak to staff, 6<sup>th</sup> Form and look at revision resources available



# SUPPORTING YOUR CHILD WITH REVISION

THE ROBERT NAPIER REVISION GUIDE

MRS J DUNNETT



# KEY POINTS

In school Revision Schedule				
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Monday	Directors of Learning	g to direct students to subject		
Tuesday	3-4pm Mathmatics	4-5pm Option A		
Wednesday	3-4pm Science	4-5pm Option B		
		· ·		
Thursday	3-4pm English	4-5pm Option C		
Friday	Open to departmen	nts		

- Education is the key to your child's future.
- Support them emotionally, mentally and physically
- Allow them to revise in a calm and quiet space. Remember that it is not just at home and at school where they can do this – consider the local library
- Make sure your child has a good healthy diet feeding the brain will help your child to stay focused and energised
- Help them attend all the revision evenings available to them
- Encourage them they need you and your support!



# PLAN REVISION - REVISION TIMETABLES

- ▶ Have a revision timetable.
- ▶ USE your revision timetable.



It all sounds so obvious but does your child actually do it?

# Simple tips to consider when putting together a revision timetable:

- Spend no longer that 20-40 minutes on one subject in one go
- Take regular breaks in between revision sessions e.g. before starting the next
- Consider the dates of actual exams and what needs your specific attention initially and what you could focus on after other exams are out of the way



# WRITE GOOD REVISION NOTES

- Revision notes need to be short and relevant.
- Many people spend time writing notes on things they already know. Focus on things you do not know and need to learn.
- Write on revision cards or post it notes and arrange them around the house.
- ▶ If it is a subject where you need to practice skills DO IT! Maths and English are classic // examples of this.



# PRACTICE MAKES PERFECT

Get your child to do regular timed exam practice. Past papers are an excellent way to do this. The more they do it the more confident they will become in their real exam.

Get into the habit of planning answers.



## CONCLUSION

Think about the summer and being with your child opening up their all important envelope with exam results in. The envelope that all their education thus far has helped prepare them for.

# "TO FAIL TO PREPARE IS TO PREPARE TO FAIL"

Question: How will you help your child secure their future success?



# DEALING WITH A STRESSED TEENAGER

# ALIAH PLASTER

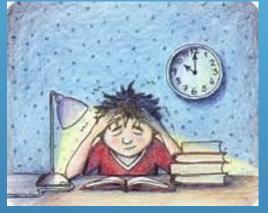
What does stress feel like?

"I feel under pressure all of the time, like something bad is going to happen."

"I can't decide where to start, there is too much to do."

"Everyone else says they are fine and that the work is easy."

"I want to hide."





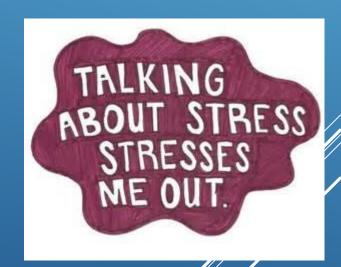
- ► Increased irritability
- ▶ Poor sleep
- Loss of interest in food
- ► Appearing 'flat' or negative
- ▶ Stomach pains and headaches can also be stress related.

## THE SIGNS



▶ Becoming withdrawn is a common reaction to stress but we all need a space to discuss how we feel.

HOW TO HELP





- ▶ High expectations + a practical approach
- Emotional resilience is about our ability to respond to an manage stressful situations

▶ It is important to model optimistic thinking and also to provide practical ways in which to manage the situation.

"Keep things in perspective, listen to them, give support and avoid criticism."

## DEAL WITH THE FEAR

Face it
Explore it
Accept it
Respond



- ▶ Top tips
- Small regular meals
- Make time to eat
- Foods which release energy slowly

Good sleep will improve your child's thinking and concentration. Most teenagers need between 8 and 10 hours' sleep a night.

Half an hour of 'wind down' time before going to sleep.

Consider what works best for your child.

# EATING A SLEEPING-THE ESSENTIALS



- Avoid making rigid plans over the exam period
- Make time to relax with your child
- Realistic expectations
- Consider where you can fit is fresh air and exercise as a family.



## **FLEXIBILITY**



Stressful situations and challenges are unavoidable, it is our ability to step back and deal with then calmly that gets us through. If we do this the stress turns into motivation and the result is success.

In It Together

# CONCLUSION



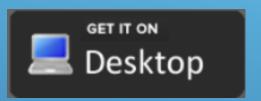
# MATHS REVISION

PIXL APP & MYMATHS

MR G SHADICK











Just search for:

PIXL Maths app



## Welcome to the PiXL Maths App

Please enter your school id

Please enter your userid

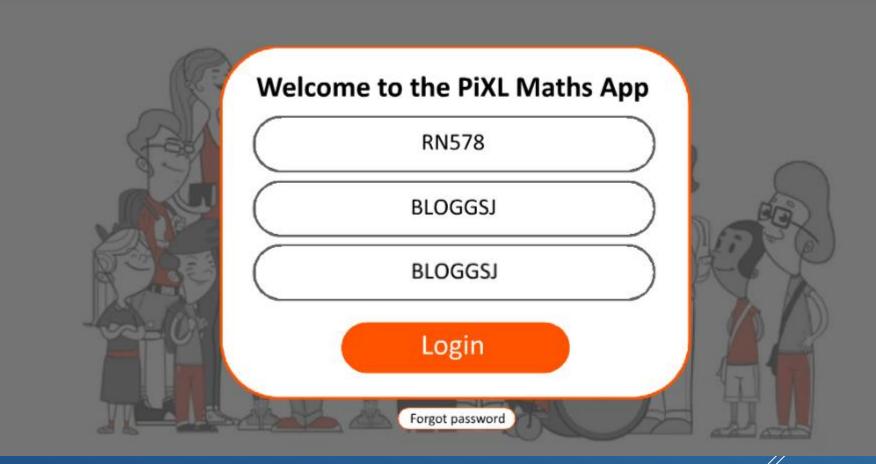
Please enter your password

Login

Forgot password











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Design a test Skills overview Gap analysis Take a challenge Score board Homework tasks



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Take a challenge

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Homework tasks

Number

Algebra

Ratio & Proportion

Geometry

Probability

Statistics

**Problem Solving** 

#### Algebra simplification - 0 out of 10

Simplify an expression by expanding and collecting like terms.

Factorise an expression.

#### Algebraic manipulation - 0 out of 4

Substitute integers into a formula. Change the subject. Identify expressions, equations, formulae and identities.

#### Algebraic manipulation and equations - 0 out of 7

Write expressions and substitute values into them.
Write a quadratic in surd form and evaluate the answers.

#### Algebraic understanding - 0 out of 5

Interpret formulae for length, area and volume. Identify expressions, equations, formulae and identities.

#### Sequences - 0 out of 6

Continue a sequence given an illustration or first few terms.

Generate the nth term rule to calculate the 100th term.

#### Equations - 0 out of 5

Solve a linear equations (including 2-step, brackets, unknowns on both sides, simple quadratics and graphically).

#### Simultaneous equations - 0 out of 4

Solve 2 linear simultaneous equations.
Solve 1 linear and 1 non-linear simultaneous equations.

#### Inequalities - 0 out of 5

Interpret inequalities represented on a number line.
Solve inequalities.

#### Inequalities on a graph - 0 out of 1

Interpret a region on a graph using inequalities.

Next

Begin Test



Edit profile



Design a test

Skills overview

Gap analysis

Take a challenge

Score board

Homework tasks

#### Take a challenge

Please select your target grade from the options below and press "Begin Challenge". Alternatively, if you have previously started a challenge and wish to resume, press "Resume".

G/F E D C B A/A\*

Resume

Begin Challenge

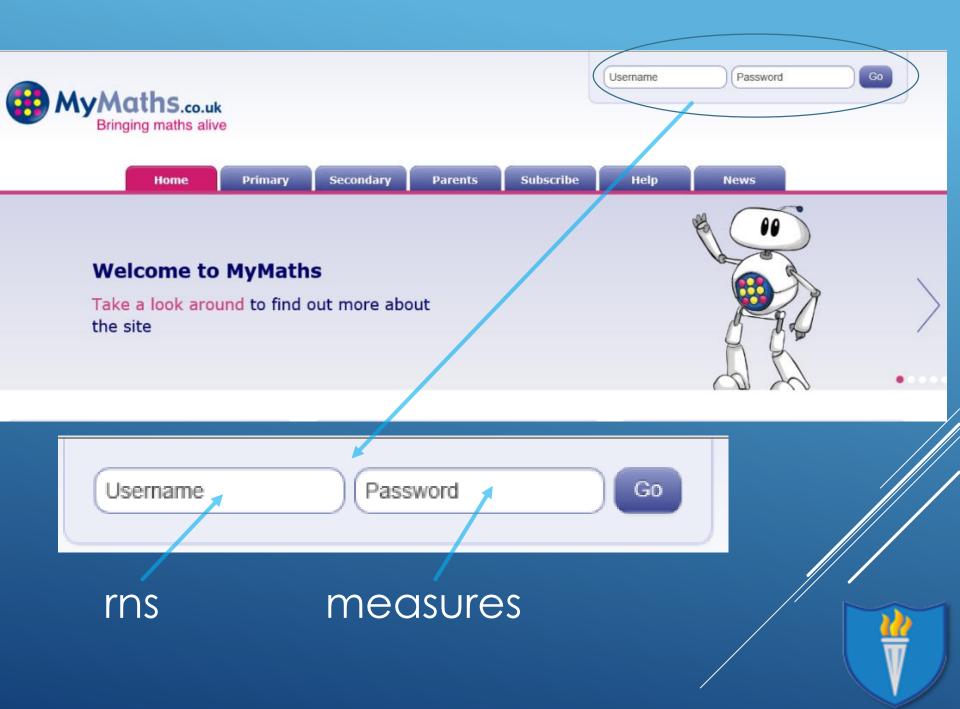


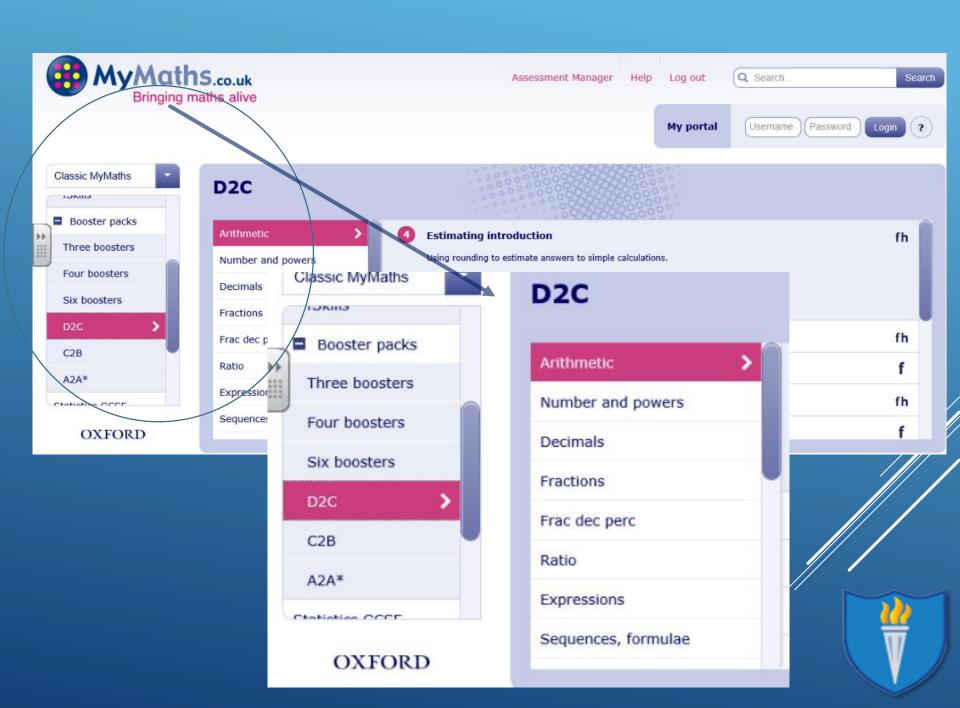


Just go to:

www.mymaths.co.uk







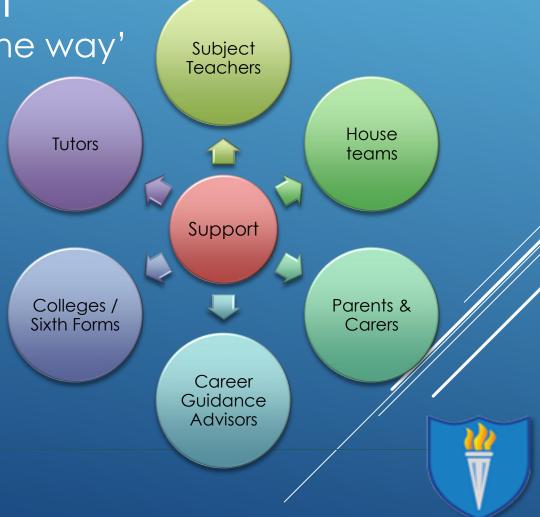
# SUPPORT AT SCHOOL

MISS AMY SMITH



Our Overall Aim 'Leading or showing the way'

The role of the house teams is to provide guidance and specialist support to meet their needs, confront barriers, resolve any issues and help make progress.



#### Other support:

#### Personalised revision timetables

	3-4pm	4-5pm
Monday	DoL identified Option subject in need of intervention/reinforcement.	
Tuesday	Mathematics	Option A
Wednesday	Science	Option B
Thursday	English	Option C
Friday	Open to departments	Open to departments

Over the next week you will be receiving the most up to date working at grades for all your subjects and your mock grades.

Progress meetings will be taking place to maximise the time you have left with your DoL

Support on GCSE results day 25<sup>th</sup> August



## ATTENDANCE & PUNCTUALITY

- ► High attendance and punctuality are closely linked to successful performance.
- ▶ Statistics show an attendance of 80% (one day off a week!) is equal to a drop in grades of one grade per subject.
- Good punctuality means arriving on time ready to learn, and getting the benefits of all the support from your lessons.



# PRACTICAL REVISION ACTIVITIES MRS J DUNNETT AND MS A RUST



# How good is your memory?

▶ You have one minute on the clock

▶ Remember all 15 words:

**ACTIVITY** 



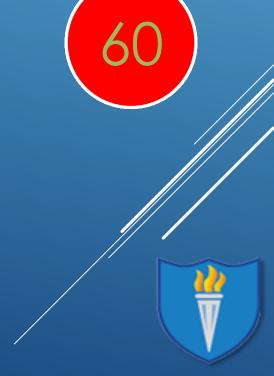
Roman
Aubergine
Economics
Winston Churchill
Rabbit
Uncle
Paper clip

Conflict
Mechanics
Pluto
Onomatopoeia
Greek
Speed
Parliament
Numeracy



Write down all you can remember in one minuteno cheating and asking anyone!

ACTIVITY



- ► How did you get on?
- ▶ What techniques did you use?
- ▶ Were you visualising the words?

# DISCUSSION



# TRY AGAIN

- Revising is about making sure you can retain information as well as interpret the information.
- ▶ This time try and write a story with the 15 words. Once you have finished your story go back and underline the 15 words.

Roman
Aubergine
Economics
Winston Churchill
Rabbit
Uncle
Paper clip

Conflict
Mechanics
Pluto
Onomatopoeia
Greek
Speed
Parliament
Numeracy



# TRY AGAIN

▶ You now have two minutes.

▶ List all the words again





# DISCUSSION

▶ Did your score improve?



# THANK YOU FOR LISTENING AND ATTENDING THIS EVENT

PLEASE FEEL FREE TO SPEAK WITH STAFF, 6<sup>TH</sup> FORM AND LOOK AT REVISION RESOURCES AVAILABLE

WE HOPE YOU ALL HAVE A SAFE JOURNEY HOME